flaxenwick

Date _____

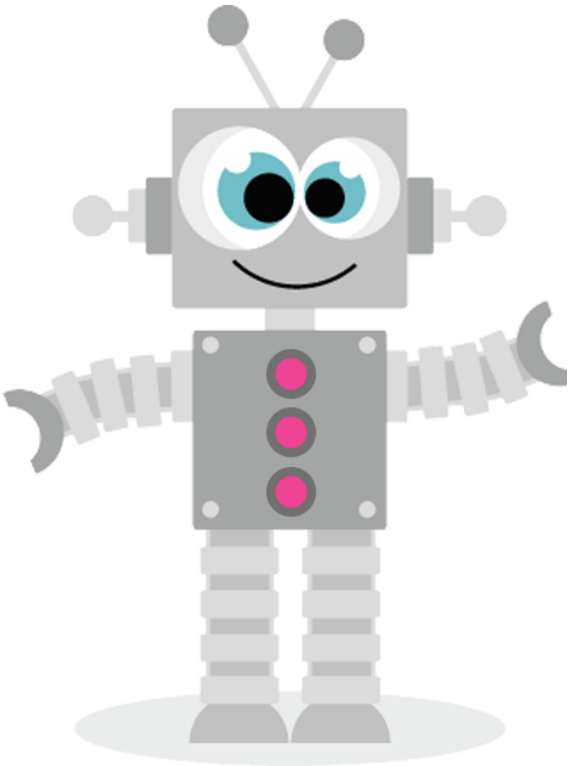
Triggers & Responses

Imagine you are a robot with 3 programmable buttons. What are the buttons that trigger your most negative responses? How would you like to reprogram your responses to be more positive?

Button 1 _____

Button 2 _____

Button 3 _____

I usually respond like this:		In future I will respond like this:
1		1
2		2
3		3

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